

# WEEKLY MENU

LOOK OUT FOR  
OUR THEMED DAYS!

**WEEK ONE**

- 4TH NOVEMBER
- 2ND DECEMBER
- 6TH JANUARY
- 3RD FEBRUARY
- 10TH MARCH

**WEEK TWO**

- 11TH NOVEMBER
- 9TH DECEMBER
- 13TH JANUARY
- 10TH FEBRUARY
- 17TH MARCH

**WEEK THREE**

- 18TH NOVEMBER
- 16TH DECEMBER
- 20TH JANUARY
- 24TH FEBRUARY
- 24TH MARCH

**WEEK FOUR**

- 25TH NOVEMBER
- 30TH DECEMBER
- 27TH JANUARY
- 3RD MARCH
- 31ST MARCH

**MONDAY**

Sweet Potato & Chick Pea Curry **VG**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rice, Sweetcorn, Peppers  
.....  
Rice Pudding & Syrup **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

**TUESDAY**

Beef Stew & Dumpling **1**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Green Beans, Carrots  
.....  
Apple Crumble **1VG** & Custard **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

**WEDNESDAY**

Roast Gammon & Gravy  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rustic Roast Potatoes  
Cauliflower, Broccoli  
.....  
Fruit Jelly **VG**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

**THURSDAY**

Chicken Arrabiatta Pasta **1**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Seasonal Vegetables  
.....  
Chocolate & Vanilla Cake **1,7,9**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

**FRIDAY**

Fish Fingers **1,8**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Chips, Peas  
.....  
Baked Beans  
.....  
Ginger Biscuit **1,15 VG**  
Fruit Pots **VG**

Herby Tomato Pasta Twists **1VG**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Carrots, Peas  
.....  
Ice Cream & Whip **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Mild Chilli Beef **4**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rice, Seasonal Vegetables  
.....  
Toffee Apple Pudding **1,9** & Custard **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Roast Chicken & Gravy  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rustic Roast Potatoes  
Cabbage, Sweetcorn  
.....  
Chocolate Crispy Cake **1,3,7,16**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Rice & Bean Burrito **1VG**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Baked Wedges  
Green Beans, Cauliflower  
.....  
Fruit Loaf **1,3,7,9**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Chicken Nuggets **1,7,8**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Chips, Peas  
.....  
Baked Beans  
.....  
Jaffa Biscuit **1VG**  
Fruit Pots **VG**

Cheesy Pasta Bake **1,7V**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Sweetcorn, Peppers  
.....  
Chocolate Whip **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Cheese & Onion Pinwheel **1,7V**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
New Potatoes, Green Beans, Carrots  
.....  
Syrup Sponge **1,9** & Custard **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Savoury Beef & Yorkshire Puddings **1,7,9**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rustic Roast Potatoes  
Cabbage, Peas  
.....  
Fruit Jelly **VG**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Sweet Chilli Chicken Noodles **1,3,16**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Seasonal Vegetables  
.....  
Cinnamon Roll **1,3,7,9**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Sausages **1,6**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Chips, Peas  
.....  
Baked Beans  
.....  
Apple Flapjack **1,15 VG**  
Fruit Pots **VG**

Margherita Pizza **1,3,7,9V**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rainbow Pasta **1VG**  
Sweetcorn, Peppers  
.....  
Chocolate Whip **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Chicken Curry **1VG**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rice, Seasonal Vegetables  
.....  
Banana Loaf **1,9** & Chocolate Custard **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Roast Pork & Gravy **1,3,16 VG**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Rustic Roast Potatoes  
Green Beans, Carrots  
.....  
Ice Cream & Whip **7**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Beef Bolognese Penne Pasta **1**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Cauliflower, Broccoli  
.....  
Jam & Vanilla Cake **1,9**  
Homemade Biscuit **1VG**  
Fruit Pots **VG**

Fish Fingers **1,8**  
Jackets with a Choice of Toppings **7,8,9**  
.....  
Chips, Peas  
.....  
Baked Beans  
.....  
Coconut Cookie **1,7**  
Fruit Pots **VG**

**AVAILABLE DAILY:** Selection of Salads **9**, Homemade Bread **1,3,7,9**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

VG Vegan V Vegetarian  
1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk  
8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten



**EAT YOUR VEGGIES!**