

Goldwyn Plus – PHSE

Subject Statement and Long Term Plan



PSHE Department – Subject Statement

At Goldwyn Plus we aim to deliver a PSHE curriculum which is inclusive and accessible to all students. We are aiming to ensure that each of our students will gain the knowledge and skills that will enable them to make informed life decisions around the three core themes of health and wellbeing, relationships and living in the wider world (including economic wellbeing and careers education) as they progress into adult life.

Through these topics we will also aim to provide the students with knowledge of their world locally, nationally and globally and give them the confidence to tackle many of the moral, social and cultural issues that are part of growing up in the world today. This will be achieved by individualized and group PSHE lessons, Guest speakers, workplace visits, our work experience programme and cross curricular themes linked with all subject areas across the school.

With the AQA PSE qualification recently being closed. We have linked up with the Prince's Trust achieve program and will be giving every student the opportunity to achieve up to a Level 2 qualification. This qualification is widely accepted by Colleges and employers alike.

Our students are encouraged to develop resilience, self-confidence and self-worth by playing a positive role in contributing to the school community. We will actively encourage all of our students to take up opportunities to demonstrate the school values of building positive relationships, demonstrating mutual respect and demonstrating effective team work within the school community.

As pupils start planning their chosen next steps, we ensure that all pupils have gained experience through the Goldwyn Careers programme called the Employment Pathway. All aspects of careers education are achieved and explored in depth through IAG, Apprenticeships (we are an ASK apprenticeship school) college visits, and employer visits in preparation for their transition. We are currently in partnership with the Careers and Enterprise Company (www.careersandenterprise.co.uk), CXK (www.cxk.org) and the EBP (www.ebpkent.co.uk).

PSHE Department: Long Term Plan

Term	1	2	3	4	5	6
Year 7	<p>Independence and aspirations</p> <p>Developing goal setting, organisation skills and self-awareness:</p> <ul style="list-style-type: none"> • Personal identity and values • Learning skills and teamwork • Respect in school 	<p>Autonomy and advocacy</p> <p>Developing empathy, compassion and communication:</p> <ul style="list-style-type: none"> • Making and maintaining friendships • Identifying and challenging bullying • Communicating online 	<p>Choices and influences</p> <p>Developing agency, strategies to manage influence and decision making:</p> <ul style="list-style-type: none"> • Regulating emotions • Diet and exercise • Hygiene and dental health • Sleep 	<p>Independence and aspirations</p> <p>Developing self-confidence and self-worth:</p> <ul style="list-style-type: none"> • Puberty and managing change • Body satisfaction and self-concept 	<p>Autonomy and advocacy</p> <p>Developing assertive communication, risk management and support-seeking skills:</p> <ul style="list-style-type: none"> • Rights in the community • Relationship boundaries • Unwanted contact • FGM and forced marriage 	<p>Choices and influences</p> <p>Developing agency and decision-making skills:</p> <ul style="list-style-type: none"> • Drugs, alcohol and tobacco <p>Safety and first aid</p>
Year 8	<p>Independence and aspirations</p> <p>Developing risk management skills, analytical skills and strategies to identify bias:</p> <ul style="list-style-type: none"> • Managing online presence • Digital and media 	<p>Autonomy and advocacy</p> <p>Developing respect for beliefs, values and opinions and advocacy skills:</p> <ul style="list-style-type: none"> • Stereotypes, prejudice and discrimination • Promoting 	<p>Choices and influences</p> <p>Developing agency and strategies to manage influence and access support:</p> <ul style="list-style-type: none"> • Drugs and alcohol • Introduction to contraception • Resisting peer 	<p>Independence and aspirations</p> <p>Developing goal setting, motivation and self-awareness:</p> <ul style="list-style-type: none"> • Aspirations for the future • Career choices • Identity and the world of work 	<p>Autonomy and advocacy</p> <p>Developing communication and negotiation skills, clarifying values and strategies to manage influence:</p> <ul style="list-style-type: none"> • Healthy relationships 	<p>Choices and influences</p> <p>Developing agency and strategies to manage influence and access support:</p> <ul style="list-style-type: none"> • Maintaining positive mental health • Importance of

	literacy	diversity and equality	influence <ul style="list-style-type: none"> Online choices and influences 		<ul style="list-style-type: none"> Boundaries and consent LGBT+ inclusivity 'Sexting' Managing conflict 	physical activity
Year 9	Independence and aspirations Developing goal-setting, analytical skills and decision making: <ul style="list-style-type: none"> GCSE options Sources of careers advice Employability 	Autonomy and advocacy Developing self-confidence, risk management and strategies to manage influence: <ul style="list-style-type: none"> Friendship challenges Gangs and violent crime Drugs and alcohol Assertive communication 	Choices and influences Developing empathy, compassion and strategies to access support: <ul style="list-style-type: none"> Mental health (including self-harm and eating disorders) Change, loss and bereavement Healthy coping strategies 	Independence and aspirations Developing analytical skills and strategies to identify bias and manage influence: <ul style="list-style-type: none"> Financial decisions Saving and borrowing Gambling, financial choices and debt 	Autonomy and advocacy Developing assertive communication, clarifying values and strategies to manage influence: <ul style="list-style-type: none"> Healthy /unhealthy relationships Consent Relationships and sex in the media 	Choices and influences Developing decision making, risk management and support-seeking skills: <ul style="list-style-type: none"> Sexually transmitted infections (STIs) Contraception Cancer awareness First aid
Year 10	Independence and aspirations Developing self-awareness, goal-setting, adaptability and	Autonomy and advocacy Developing empathy and compassion, strategies to	Choices and influences Developing agency and decision making, strategies to manage influence and access support:	Independence and aspirations Developing goal setting, leadership and presentation skills: <ul style="list-style-type: none"> Skills for 	Autonomy and advocacy Developing respect for diversity, risk management and support-seeking	Choices and influences Developing motivation, organisation, leadership and presentation

	<p>organisation skills:</p> <ul style="list-style-type: none"> Managing transition to key stage 4 including learning skills Managing mental health concerns 	<p>manage influence and assertive communication:</p> <ul style="list-style-type: none"> Relationship expectations Impact of pornography Identifying and responding to abuse and harassment 	<ul style="list-style-type: none"> First aid and life-saving Personal safety Online relationships 	<p>employment</p> <ul style="list-style-type: none"> Applying for employment Online presence and reputation 	<p>skills:</p> <ul style="list-style-type: none"> Nature of committed relationships Forced marriage Diversity and discrimination Extremism 	<p>skills:</p> <ul style="list-style-type: none"> Preparation for, and reflection on, work experience
Year 11	<p>Independence and aspirations</p> <p>Developing resilience and risk management skills:</p> <ul style="list-style-type: none"> Money management Fraud and cybercrime Preparing for adult life 	<p>Autonomy and advocacy</p> <p>Developing communication and negotiation skills, risk management and support-seeking skills:</p> <ul style="list-style-type: none"> Relationship values Maintaining sexual health Sexual health services Managing relationship challenges and endings 	<p>Choices and influences</p> <p>Developing confidence, agency and support-seeking skills:</p> <ul style="list-style-type: none"> Making safe and healthy lifestyle choices Health promotion and self-examination Blood, organ, stem cell donation 	<p>Independence and aspirations</p> <p>Developing empathy and compassion, clarifying values and support-seeking skills:</p> <ul style="list-style-type: none"> Families and parenting Fertility, adoption, abortion Pregnancy and miscarriage Managing grief and loss 	<p>Autonomy and advocacy</p> <p>Developing confidence, self-worth, adaptability and decision-making skills:</p> <ul style="list-style-type: none"> Recognising and celebrating successes Transition and new opportunities Aligning actions with goals 	